

## Internal Medicine Clinic

402-232-2273, ext. 332

The clinic is open Monday – Friday 0730-1630. We are closed on the third Thursday each month from 0730-1300 for training.

Please arrive 15 minutes prior to the appointment start time.

Patients with the following conditions may walk-in Mon-Fri 0800-1100 and 1300-1500 for

- B-12 injections
- Blood pressure checks
- Females over age 18 with UTI symptoms
- Patients with sore throat
- Suture/staple removal

### **How to Contact Us:**

**MiCare** is our secure messaging service powered by RelayHealth and allows you to communicate with your healthcare provider and team online. MiCare is accessible 24/7, complies with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) and decreases "phone tag".

You must register for this service by showing your valid military ID card and returning the registration form to the clinic staff. You will then receive an email invitation to this service from RelayHealth to complete the registration online. Once registered you may logon to this service at <https://app.relayhealth.com>.

Coumadin monitoring services are provided by nursing staff through a referral from your PCM.